

50+ Suggestions for a Member Care Library (3/05 update)

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There is a growing body of materials being written in the member care field. This material is helping us to improve our member care programs, policies, and practices. Here is a compilation of 40+ materials, primarily books in English, that are a core part of my member care library. These publications are categorized into the eight specialty domains of member (based on sphere four of the best practice model). I have also included the extra category of “general member care”. Note that there are several other excellent materials that are not included here due to the lack of space. For more information on most of these materials as well as additional references, see the expanded listing in chapter 50 of Doing Member Care Well (2002).

Pastoral/Spiritual

1. Devotional Classics: Selected Readings for Individuals and Groups (1990)—Richard Foster, James Smith
2. Too Soon to Quit: Reflections on Encouragement (1994)—Lareau Lindquist
3. Formed by the Desert: A Personal Encounter with God (1997)—Joyce Huggett

Physical/Medical

4. Where There Is No Doctor: A Village Health Care Handbook (1992)—David Werner
5. Travelers Guide to Good Health: A Guide for Backpackers, Travelers, Volunteers, and Overseas Workers (1999)—Ted Lankester (revised 2001)
6. Principles and Practices of Travel Medicine (2001)—J. Zuckerman and A. Zuckerman

Training/Career

7. Naturally Gifted: A Christian Perspective on Personality, Gifts, and Abilities (1991)—Gordon and Rosemary Jones
8. Reentry: Making the Transition from Missions to Life at Home (1992)—Peter Jordan
9. On Being a Missionary (1995)—Thomas Hale

Team Building/Interpersonal

10. Cross-Cultural Conflict: Building Relationships for Effective Ministry (1993)—D. Elmer
11. Teamwork (1995; revised 2003)—Gordon and Rosemary Jones
12. Building Credible Multicultural Teams (2000)—Lianne Roembke
13. Peacemaking: Resolving Conflict and Building Harmony in Relationships (2001)—Rick Love
14. Materials from Ken William’s workshop/website on “Sharpening Your Interpersonal Skills” <www.RelationshipSkills.org>

Family/MK

15. And Bees Make Honey: An Anthology of Anecdotes, Reflections, and Poems by Third Culture Kids (1994)—Jill Dyer and Roger Dyer
16. Raising Resilient MKs: Resources for Parents, Caregivers, and Teachers (1998)—Joyce Bowers
17. The Third Culture Kid Experience: Growing Up Among Worlds (1999)—David Pollock, Ruth Van Reken
18. Kids Without Borders: Journals of Chinese MKs (2000)—Polly Chan
19. Fitted Pieces: Parents Educating Children Overseas (2001)—Janet Blomberg, David Brooks
20. Families on the Move: Growing Up Overseas and Loving It (2001)—Marion Knell

Financial/Logistical

21. Understanding Voluntary Organizations (1990)—Charles Handy
22. Friend Raising: Building a Missionary Support Team that Lasts (1991)—Betty Barnett
23. Serving as Senders: Six Ways to Care for Your Missionaries (1991)—Neal Pirolo
24. Stop, Check, Go; A Short-Term Overseas Projects Checklist (1996)—Ditch Townsend
25. Code of Good Practice for the Management and Support of Aid Personnel (2003)—People in Aid
26. Human Resource Management (2002 rev.)—Robert Mathis and John Jackson
27. Member Care for Missionaries: Practical Guide for Senders (2002)—Marina Prins, B. Willemse

Crisis/Contingency

28. Safety First: Protecting NGO Employees in Areas of Conflict (1998 rev.)—Save the Children
29. Operational Security Manual in Violent Environments (2000)—Konrad Van Brabant
30. Materials from Mobile Member Care Team's web site on crisis/debriefing <www.mmct.org>

Counseling/Psychological

31. Christian Counseling: A Comprehensive Guide (1992)—Gary Collins
32. Culture/Clinical Encounter: Intercultural Sensitizer for Health Professions (1996)—R. Gropper
33. Ad-Mission: The Briefing/Debriefing of Teams of Missionaries/Aid Workers (1999)—G. Fawcett
34. Honourably Wounded: Stress Among Christian Workers (2001 rev.)—Marjory Foyle
35. Enhancing Missionary Vitality: Mental Health Professions Serving Global Missions (2002)—John Powell and Joyce Bowers

General Member Care

36. Helping Missionaries Grow: Readings in Mental Health/Missions (1988)—K. and M. O'Donnell
37. Missionary Care: Counting the Cost for World Evangelization (1992)—Kelly O'Donnell
38. Too Valuable to Lose: Exploring the Causes/Cures of Missionary Attrition (1997)—W. Taylor
39. Sharing the Front Line and the Back Kills: Peacekeepers, Humanitarian Aid Workers, and the Media in the Midst of Crisis (2002)—Yael Danieli
40. Doing Member Care Well: Perspectives/Practices from Around the World (2002)—K. O'Donnell

Additional Books/Materials and Web Sites:

- ◆ Where There Is No Psychiatrist: A Mental Health Care Manual (2003)—Vikram Patel
- ◆ Psychosocial Support: Best Practices from Red Cross/Red Crescent Programs (2001)—IFRC
- ◆ Stress/Trauma Handbook: Strategies for Flourishing in Demanding Environments (2003)—John Fawcett
- ◆ Refugees magazine, special issue on staff and recipient safety/security called Too High A Price?; United Nations High Commissioner for Refugees, (volume 4, Number 121, 2000).
- ◆ Red Cross Red Crescent magazine, How Safe Are We? (Issue one, 2004)
- ◆ Additional Materials from People in Aid (www.peopleinaid.org) on trauma care, debriefing for staff (Debbie Lovell); accident prevention, health care (Ted Lankester); and human resource management
- ◆ Special Issue on member care in *Connections* Feb 2003
- ◆ Special Issue on member care in *Mission Frontiers* from USCWM Sept 2002.
- ◆ REMAP 2 Project on worker retention, book, in 2005. Some reports available on <wearesources.org>

- MemCa web site has several core handouts on crisis/trauma care principles www.membercare.org
- Mental Health Workers Without Border offers a free handbook to download on how relief workers can provide community-based trauma care www.mhwwb.org
- International Federation of the Red Cross offers three free and very helpful publications, available to download at: www.ifrc.org
 - a. A short booklet for workers called “*Managing Stress in the Field*” (English Spanish, French)
 - b. *Best Practices for Psychosocial Support* includes brief case summaries in several humanitarian disasters
 - c. *Community-Based Psychological Support* is a training manual that overviews six topics, providing key principles for understanding and helping in communities that have experienced extreme stressors
 - World Health Organisation has regular updates on many health issues/programmes www.who.org
 - Centers for Disease Control has good information on public health issues and materials related to disasters. e.g., “Health Information for Humanitarian Workers” and “Traumatic Incident Stress” www.cdc.gov
 - Office for the Coordination of Humanitarian Assistance (OCHA) is the United Nations body to help joint efforts in times of human and natural disasters. www.opchaonline.un.org
 - Reuters Alertnet service provides updated information on crisis areas in the world www.alertnet.org
 - Aid Workers Network links international relief and development staff to share support, ideas, and best practice; lots of good material on life as an aid worker www.aidworkers.net
 - Humanitarian Practice Group has produced a briefing note covering some of the humanitarian aspects of the Indian Ocean catastrophe. It provides a series of links to relevant papers, websites, and other sources, including research conducted by UK's Overseas Development Institute. www.odi.org.uk
 - National Center for PTSD is a gold mine of material and helps on crisis care and PTSD. Articles, research summaries, handouts, and information for both the public and health care professionals. www.ncptsd.org
 - International Society for Trauma and Stress Studies has four short pieces linked to its home page on mass trauma, helping children, the indirect effects of trauma etc.; also conference and training info www.istss.org

Counselling Bibliography for Misson/Aid Workers

- ***Helping Missionaries Grow: Readings in Mental Health and Missions (1988)***
 20. Missionary Family Restoration for Early Returnees
 42. Building Relationships between Mental Health Specialists and Mission Agencies
 44. Some Suggested Ethical Guidelines for the Delivery of Mental Health Services in Mission Settings
 50. Culture Sensitive Counseling and the Christian Mission
 - ***Missionary Care: Counting the Cost for World Evangelization (1992)***
 5. Supporting Missions through Pastoral Care
 7. Psychopathology in Missionary Personnel
 9. Short-Term Missionary Counseling
 12. Guidelines for Short-Term Field Consultants
 19. Ethical Concerns in Providing Member Care Services
 23. Training and Using Member Care Workers
 24. Missionary Support Centers
 - ***Too Valuable to Lose: Exploring the Causes and Cures of Missionary Attrition (1997)***
 6. Missionary Attrition: The ReMAP Research Project
 7. Further Findings in the Research Data
 21. Some Reflections on Pastoral Care: Perspective of the New Sending Countries
 22. Field Care—Taking the Longer Road: Perspective of the Old Sending Countries
 23. What about the Missionary Kids and Attrition?
 - ***Sharing the Front Line and the Back Hills: (2002)***
 2. Studies of Military Peacekeepers
 3. Caring for Staff in UNHCR
 11. Handle with Care: A View from the Staff Counselors Office
 17. Psychosocial Care for Humanitarian Aid Workers: The Médecins Sans Frontières Holland Experience
 19. Supporting and Equipping National and International NGOs and Their Workers
 22. Preventing Broken Hearts, Healing Broken Minds
 26. We have a Long Way to Go (media workers)
 - ***Doing Member Care Well: Perspectives and Practices from Around the World (2002)***
 12. Mobile Member Care Team West Africa
 14. Tumaini Counselling Centre
 28. Administrative Guidelines for Remaining or Returning
 - 31 A Guest in Their World
 - 30 Running Well and Resting Well: 12 Tools for Missionary Life
 34. Helping Missionaries Start Healthy and Stay Healthy
 37. Training Asian Counselors for Missionary Care
 - 38 Building Resilient Teams: The CACTUS Kit
 44. Guidelines for Routine and Crisis Debriefing
 46. Field Counseling: Shifting the Wheat from the Chaff
 - ***Enhancing Missionary Vitality: Mental Health Professions Serving Global Mission (2002)***
 5. Missionary Care and Counseling: A Brief History
 22. In-house vs Outside Consultants
 34. Brief Counseling/ Therapy During Overseas Visits
 40. Personality Disorders and Overseas Missions: Guidelines for the mental Health Professional
 45. Long-term Therapy: A Long Journey Towards Deep Healing
 46. On-Site Professional Rotating Services
 47. Mobile Member Care Teams
 48. Virtual Teams
 49. Intensive Care Community
 50. Residential Care Facilities
 51. Ethical Principles for Mental Health Work with Missionaries
 54. Professional Use of the Internet
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